Appendix 3 Bodies of the Seven Letters

	First	Last Three				
	Ephesus	Smyrna	Sardis			
	"I Know" Clause					
1	(2:2) I know your deeds, your hard work and your perseverance.	(2:9) I know your afflictions and your poverty yet you are rich!	(3:1b) I know your deeds,			
2	I know that you cannot tolerate wicked men, that you have tested those who claim to be apostles but are not, and have found them false.	I know the slander of those who say they are Jews and are not, but are a synagogue of Satan.				
		First Commendation				
3	(2:3) You have persevered and have endured hardships for my name, and have not grown weary.		you have a reputation of being alive,			
	Counter Commendation					
4	(2:4) Yet I hold this against you: You have forsaken your first love		but you are dead.			
		Action Taken				
5						
		Counsel				
6	(2:5) Remember the height from which you have fallen!	(2:10) Do not be afraid of what you are about to suffer. I tell you, the devil will put some of you in prison to test you, and you will suffer persecution for ten days.	(3:2) Wake up! Strengthen what remains and is about to die, for I have not found your deeds complete in the sight of my God.			
7	Repent and do the things you did at first.	Be faithful, even to the point of death, and I will give you the crown of life.	(3:3) Remember, therefore, what you have received and heard; obey it, and repent.			
		"I Come" Clause	·			
8	If you do not repent, I will come to you and remove your lampstand from its place.		But if you do not wake up, I will come like a thief, and you will not know at what time I will come to you.			
		Second Commendation				
9	(2:6) But you have this in your favor: You hate the practices of the Nicolaitans, which I also hate.		(3:4) Yet you have a few people in Sardis who have not soiled their clothes. They will walk with me, dressed in white, for they are worthy.			

Pergamum		Philadelphia
	"I Know" Clause	
(2:13) I know where you live where Satan has his throne.		(3:8) I know your deeds. See, I have placed before you an open door that no one can shut. I know that you have little strength,
	First Commendation	
Yet you remain true to my name. You did not renounce your faith in me, even in the days of Antipas, my faithful witness, who was put to death in your city where Satan lives.		yet you have kept my word and have not denied my name.
	Counter Commendation	
(2:14) Nevertheless, I have a few things against you: You have people there who hold to the teaching of Balaam, who taught Balak to entice the Israelites to sin by eating food sacrificed to idols and by committing sexual immorality. (2:15) Likewise you also have those who hold to the teaching of the Nicolaitans.		(3:9) I will make those who are of the synagogue of Satan, who claim to be Jews though they are not, but are liars I will make them come and fall down at your feet and acknowledge that I have loved you.
	Action Taken	
		(3:10) Since you have kept my command to endure patiently, I will also keep you from the hour of trial that is going to come upon the whole world to test those who live on the earth.
	Counsel	
(2:16) Repent therefore!		(See line 16.)
	"I Come" Clause	
Otherwise, I will soon come to you and will fight against them with the sword of my mouth.		(3:11) I am coming soon. Hold on to what you have, so that no one will take your crown.
	Second Commendation	
Thyatira		Laodicea
	"I Know" Clause	1
(2:19) I know your love and faith, your service and perseverance, and that you are now doing more than you did at first.		(3:15) I know your deeds, that you are neither cold nor hot.
	First Commendation	
	(2:13) I know where you live where Satan has his throne. Yet you remain true to my name. You did not renounce your faith in me, even in the days of Antipas, my faithful witness, who was put to death in your city where Satan lives. (2:14) Nevertheless, I have a few things against you: You have people there who hold to the teaching of Balaam, who taught Balak to entice the Israelites to sin by eating food sacrificed to idols and by committing sexual immorality. (2:15) Likewise you also have those who hold to the teaching of the Nicolaitans. (2:16) Repent therefore! Otherwise, I will soon come to you and will fight against them with the sword of my mouth. Thyatira (2:19) I know your love and faith, your service and perseverance, and that you are now doing	"I Know" Clause (2:13) I know where you live where Satan has his throne. First Commendation Yet you remain true to my name. You did not renounce your faith in me, even in the days of Antipas, my faithful witness, who was put to death in your city where Satan lives. Counter Commendation (2:14) Nevertheless, I have a few things against you: You have people there who hold to the teaching of Balaam, who taught Balak to entice the Israelites to sin by eating food sacrificed to idols and by committing sexual immorality. (2:15) Likewise you also have those who hold to the teaching of the Nicolaitans. Action Taken (2:16) Repent therefore! "I Come" Clause Otherwise, I will soon come to you and will fight against them with the sword of my mouth. Second Commendation Thyatira "I Know" Clause

		Counter Commendation
20	(2:20) Nevertheless, I have this against you: You tolerate that woman Jezebel, who calls herself a prophetess. By her teaching she misleads my servants into sexual immorality and the eating of food sacrificed to idols. (2:21) I have given her time to repent of her immorality, but she is unwilling.	I wish you were either one or the other!
	Thyatira - Continued	Laodicea - Continued
		Action Taken
21	(2:22) So I will cast her on a bed of suffering, and I will make those who commit adultery with her suffer intensely, unless they repent of her ways. (2:23) I will strike her children dead. Then all the churches will know that I am he who searches hearts and minds, and I will repay each of you according to your deeds.	(3:16) So, because you are lukewarm neither hot nor cold I am about to spit you out of my mouth. (3:17) You say, 'I am rich; I have acquired wealth and do not need a thing.' But you do not realize that you are wretched, pitiful, poor, blind and naked.
		Counsel
22	(2:24) Now I say to the rest of you in Thyatira, to you who do not hold to her teaching and have not learned Satan's so-called deep secrets (I will not impose any other burden on you):	(3:18) I counsel you to buy from me gold refined in the fire, so you can become rich; and white clothes to wear, so you can cover your shameful nakedness; and salve to put on your eyes, so you can see. (3:19) Those whom I love I rebuke and discipline. So be earnest, and repent.
		"I Come" Clause
23	(2:25) Only hold on to what you have until I come.	(3:20) Here I am! I stand at the door and knock.
		Second Commendation
24		If anyone hears my voice and opens the door, I will come in and eat with him, and he with me.